

## ReArchitecting

*One Business Woman's Mid-career Learning Sabbatical*

Many of us have experienced moments when we wished we could take a complete break from our current lives and try a new approach. Sometimes life gives us those opportunities when least expected and in ways unimagined.

In this collection of essays, written while sitting by a beloved lake in Switzerland, a just-turned-40-year-old woman attempts to describe in words what she has learned by mid-life both professionally and personally.

She shares this purpose and hope for readers: May this collection inspire you to consider your life from a different perspective, introduce to you the idea of a sabbatical if you've never thought one possible, and motivate you to talk with others about your own experiences with learning and change so that we all grow as individuals to discover our voices and contribute them to the world around us.

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